

# ICRC

IC-RC-AADC

*Alcohol and Drug Counselor - INTERNATIONAL CERTIFICATION and RECIPROCITY CONSORTIUM*

**Questions And Answers PDF Format:**

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# Latest Version: 6.0

## Question: 1

To understand traumatically consider context which it occurs. Understand social cultural events number of losses and resources available.

- A. Trauma treatment principles number 12, you strength focus perspective to focus resilience
- B. Trauma treatment to principle 13, Foster trauma resistant skills,
- C. Trauma treatment principal 16, providing hope recovery is possible hope
- D. Trauma treatment principle number three Futurama in context of individuals environment

**Answer: D**

## Question: 2

Getting a sense of control and empowerment by creating choices. Keep in mind treatment strategies and procedures that prioritize client choice.

- A. Trauma informed treatment principle number seven, support control and autonomy
- B. Trauma informed treatment, number four. Minimizing risk of re-traumatization
- C. Trauma informed treatment principle number five create safe environment
- D. Trauma informed treatment principle number nine, familiarize clients with trauma informed services

**Answer: A**

## Question: 3

Sigmund Freud, id, super ego, ego

- A. Psychodynamic
- B. Humanistic
- C. Behavioral
- D. Cognitive

**Answer: A**

## Question: 4

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Cancer's responsibility to be responsive and adapting to the clients physical and emotional new safety needs. Be aware of common triggers.

- A. Trauma informed treatment, number four. Minimizing risk of re-traumatization
- B. Trauma informed treatment principle number nine, familiarize clients with trauma informed services
- C. Trauma informed treatment principle number 10, conduct universal routine trauma screening
- D. Trauma informed treatment principle number five create safe environment

**Answer: D**

### Question: 5

The person learned of the Trumatic event that happened to someone else.

- A. Indirect trauma
- B. Axonal injury
- C. Historical trauma
- D. Secondary trauma

**Answer: A**

### Question: 6

Number one ask about possible history, number two use validated instruments, number three early and treatment screen all clients who had exposure to church manic events for psychological symptoms, number four positive also screen for suicidal thoughts, number five do not delay screening for trauma, number six beware that not all clients will make the connection between trauma and current pattern in their life, number seven do not require clients to describe the events in detail, number eight focus assessment on how trauma impacts function, Number nine consider paper and pencil screening as they can be less intimidating than clinical exam, Number 10 talk with clients about your findings.

- A. Screening and assessment for trauma.
- B. Trauma informed principle number one trauma awareness
- C. Trauma informed treatment principle number five create safe environment
- D. 10 guidelines and screening and assessing clients with trauma

**Answer: D**

### Question: 7

Engage client in treatment process I'll steps involved different types of trauma and understanding and take in treatment process.

- A. Trauma informed treatment principle number five create safe environment
- B. Trauma informed treatment principle 2 recognizing trauma related symptoms originating from traumatic experiences
- C. Trauma informed treatment principle number seven, support control and autonomy
- D. Trauma informed treatment principle number nine, familiarize clients with trauma informed services

**Answer: D**

### Question: 8

Screening should go through treatment planning as an alert staff to potential issues

- A. Trauma informed treatment principle 2 recognizing trauma related symptoms originating from traumatic experiences
- B. Trauma informed treatment principle number five create safe environment
- C. Trauma informed treatment principle number 10, conduct universal routine trauma screening
- D. Trauma informed treatment principle number seven, support control and autonomy

**Answer: D**

### Question: 9

Work to understand life experiences and cultural background to better understand trauma.

- A. Trauma informed treatment principle number 15, develop strategies to address secondary trauma and promote self care
- B. Trauma treatment principle number 11 do you trauma through social cultural lens,
- C. Indirect trauma
- D. Trauma treatment principle number 14 show organizational and administrative commitment

**Answer: B**

### Question: 10

Recognize the prevalence of trauma and its possible role in emotional cognitive behavioral spiritual development. Being vigilant the consequences of trauma in your patients and tailoring your approach to meet their needs.

- A. Common responses to trauma
- B. Trauma informed treatment principle number seven, support control and autonomy
- C. Trauma informed principle number one trauma awareness

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D. Cultural meaning of trauma

<b>Answer: C</b>
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